

# My Wintertime Adventure Book



**This Wintertime  
Adventure Book  
Belongs To**

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HOW DO I MAKE A...

# Winter Solstice Lantern

## INGREDIENTS & MATERIALS

- Wax paper
- Construction paper
- Glue, tape or stapler
- Electric tea lights
- Hole punch
- String

HOW LONG WILL  
THIS TAKE TO DO?

**10 minutes**

## ACADEMIC SUBJECT(S):

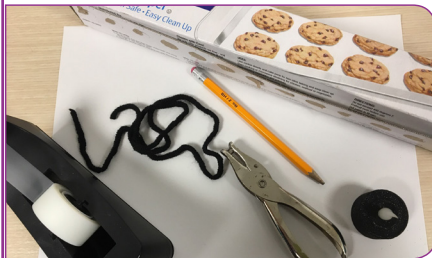
Science

## THIS LESSON SUPPORTS THESE STANDARDS:

3.4a People in world communities use legends, folktales, oral histories, biographies, and historical narratives to transmit cultural histories from one generation to the next.

The winter solstice is the shortest day of the year. This means we have the shortest amount of daylight and the longest night of the year. This year we celebrate the solstice on December 21st. Solstice is a Latin word that translates to “sun stands still”. Let’s celebrate this winter solstice by creating our own paper lanterns.

## DIRECTIONS



- STEP 1** Cut a 12” x 12” piece of wax paper.
- STEP 2** Cut two 12” by 1” strips of construction paper.
- STEP 3** Tape the ends of your wax paper together to form an oval.
- STEP 4** Tape the two strips of construction paper to the bottom and top of your lantern.



**STEP 5** Using your lantern as a guide, place it on top of your construction paper and trace the outline of your lantern onto the paper. Draw four half inch tabs on the circle.

**STEP 6** Cut the circle out, then tape the tabs onto your lantern.

**STEP 7** Hole punch two holes at the top of your lantern. Tie a piece of string through the holes.

**STEP 8** Place an electric tea light into your lantern to guide you through the winter solstice!



## VOCABULARY

**EQUATOR:** The Earth is divided by an imaginary line called the equator. The equator breaks the Earth into two parts.

**HEMISPHERE:** The planet is divided into two parts, the north and south hemisphere. While we are celebrating the winter solstice in the northern hemisphere, the people in the southern hemisphere will be celebrating the summer solstice.

# HOW DO I MAKE AN... Ōmisoka



THE RALPH C. WILSON, JR.  
CHILDREN'S MUSEUM

## INGREDIENTS & MATERIALS

- One paper cup
- Paint
- Pipe cleaner or ribbon
- Jingle bell (optional)
- Scissors
- Paint brush
- Marker

HOW LONG WILL  
THIS TAKE TO DO?

SET UP

**2 minutes**

ACTIVITY

**20-30 minutes**

## ACADEMIC SUBJECT(S):

Art, Social Studies

## THIS LESSON SUPPORTS NYS CURRICULUM

### STANDARDS:

SS 3.4a, 3.4b, 3.5a, 2.6, 2.8, 1.8

VA: CR 1.2, 1.2, 3a

VA: PR 5, 1.2, 3a

This lesson gives your child the opportunity to create a Buddhist bell, also called a bonshō. A bonshō's ring is supposed to offer a fresh start for the New Year.

While celebrating this year's holidays from home, there is a great opportunity to see how other cultures and other nations celebrate the holidays. With this lesson your child will be able to experience new traditions and cultures. Japan celebrates the new year with many special traditions. The celebration of the new year is called Ōmisoka. It is common to clean the office and home, and to pay bills. This allows a fresh start for the new year! By dinner time a large feast is prepared. Enough food is usually made for the next few days, because it is considered unlucky to cook in your home for the first 3 days of the new year. Finally, many visit the Buddhist temples in the last half hour of Ōmisoka. The bonshō are tolled 107 times before midnight, and once after. The bells ring when they are hit with either a hammer or a beam. We will share with you how to make your own bonshō.

## DIRECTIONS



**STEP 1** Have a grown up gently make 2 holes in the bottom of your cup using scissors.

**STEP 2** Paint your bonshō. Bonshō are usually made of bronze, so I painted mine using brown, black and white paint. Allow some time to dry.

**STEP 3** Once your bell is dry, make designs on it with marker. With a grown up's help, you can search for Bonshō reference images, if you need inspiration.



**STEP 4** Thread your (optional) jingle bell through your pipe cleaner, then thread the pipe cleaner through the holes you made earlier. In reality, bonshō do not have clappers in the center. This bell in the center allows your paper cup to make a ringing noise when you hit it.

**STEP 5** Twist the pipe cleaner at the top. You can make it into an interesting shape if you'd like.

**STEP 6** Hit your bell from the outside, what kind of noises does it make? Only 107 more tolls to go!



# winter olympic games

Don't stay cooped up inside all winter long! Get outside and play the whole season by creating your family's own Winter Olympic Games! How many of these games can you check off the list? Can you create your own?



snow obstacle course



broom hockey



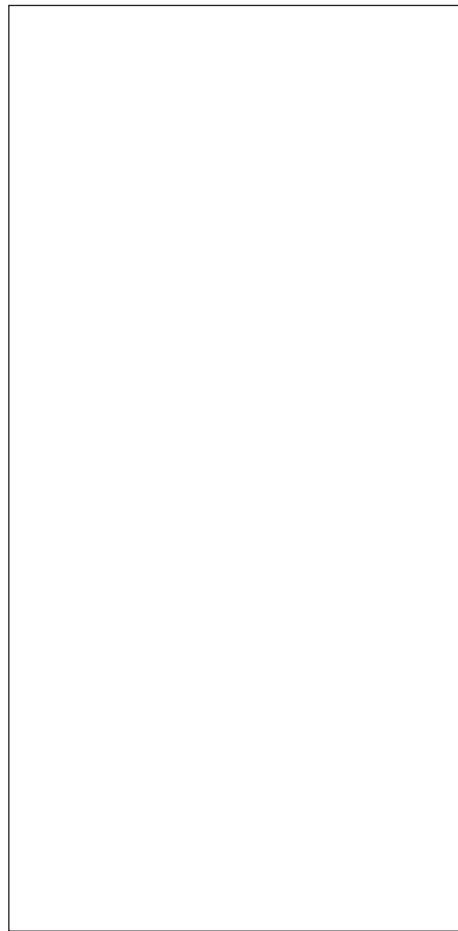
sled racing



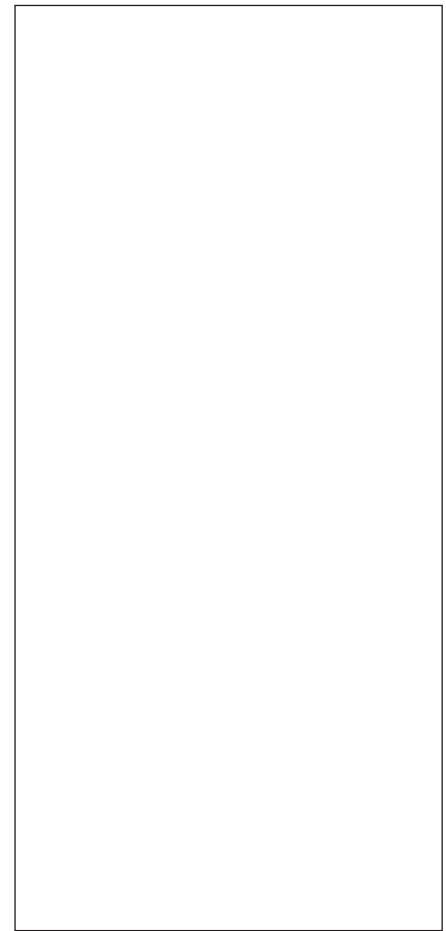
snowball toss



snowman building race



create your own!



create your own!



# play in the snow scavenger hunt

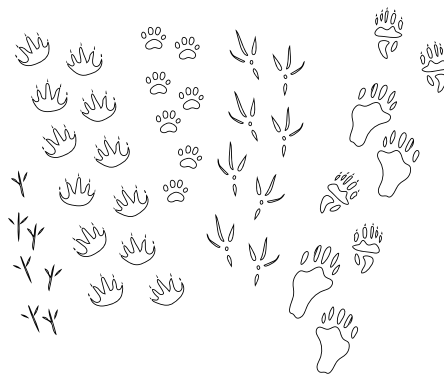
It is really important to bundle up and stay warm when you go outside to play!  
Can you find all the items pictured below? Once you do you are ready to play!  
But don't forget, you always need to ask your grown up before you go outside. Some items you will find inside and some you will find outside once you are all bundled up.



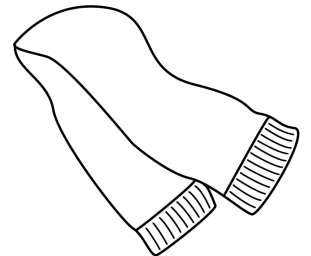
boots



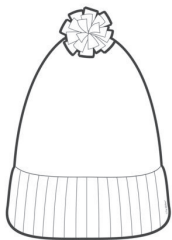
snowman



animal tracks



scarf



hat



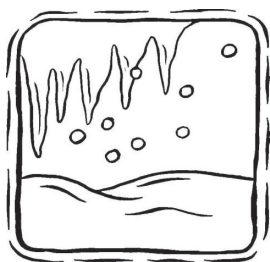
snowball



pine cone



gloves



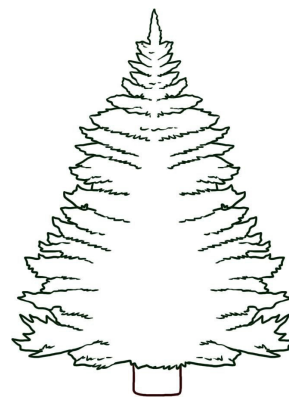
icicles



winter coat



earmuffs



evergreen tree



snow pants

# wintertime word search

C A N A D A D R A Z Z I L B H  
A S T H E W O R L D S C S E C  
S O N D C D R I F T S E O L D  
L N E W S U L T B U T C S N O  
I W O I E S N O W F O R T S W  
P L S W T L N I C A Y Y T H I  
P O N A B L L C Q R A S I P I  
E T A L W A I T E U H T A N A  
R D N S N B N D U A E A L S N  
Y E O W N W W K F A L L L O Y  
F K A B O O R E Z B U S U T R  
T C C W P N W O H U N D R E R  
D A A I N S D M T H I R T Y U  
S P I X T C E N A T I M E T L  
L E V O H S R E S N E Z O R F

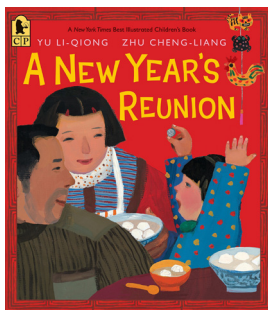
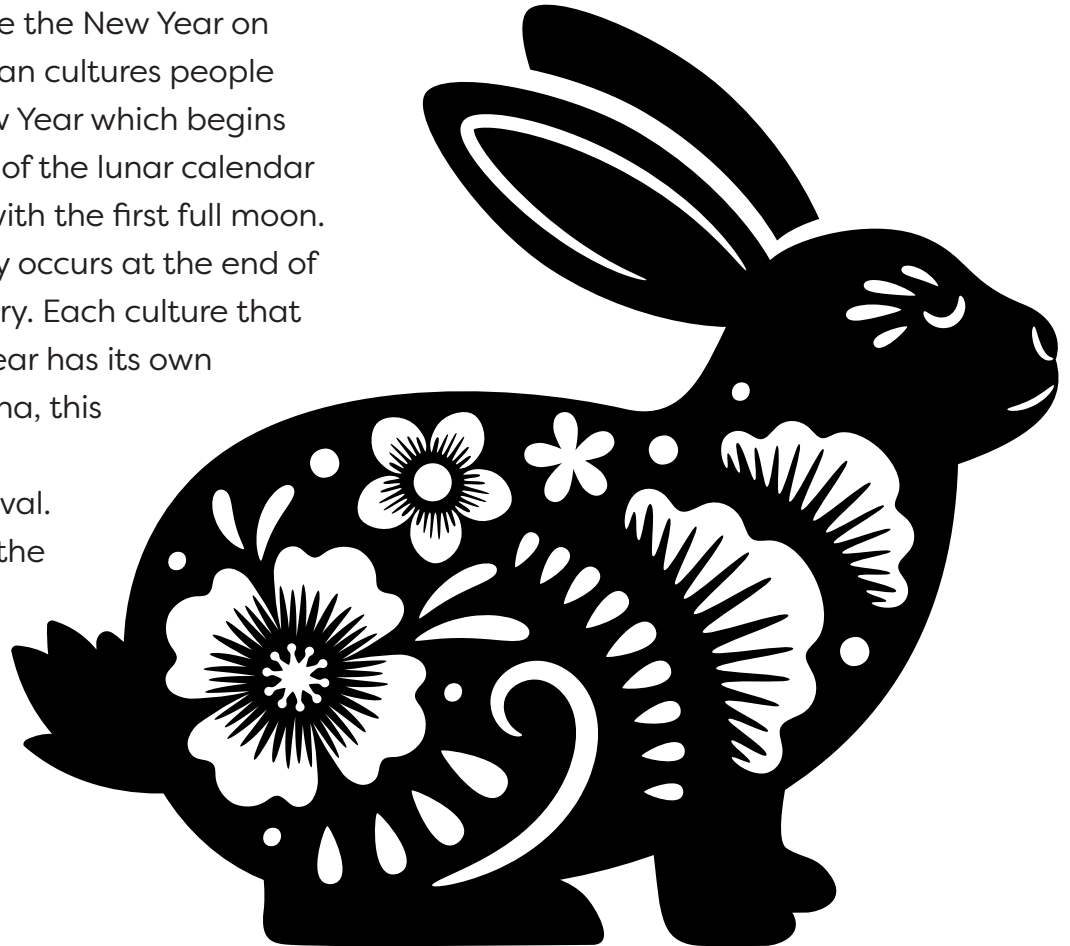
BLIZZARD  
COLD  
DRIFTS  
FLURRY  
FROZEN  
ICE CRYSTALS  
PACKED

PLOW  
POWDERY  
SHOVEL  
SLIPPERY  
SNOW FORTS  
SNOWBALLS  
SNOWBANK

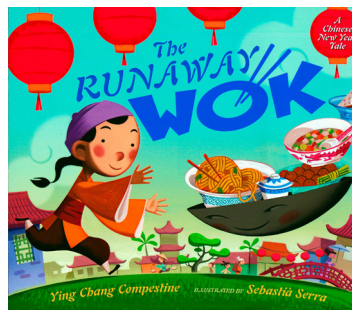
SNOWMAN  
STICKY  
SUB-ZERO  
UNIQUE  
WHITE

# chinese new year - year of the rabbit

Not all cultures celebrate the New Year on January 1st. In many Asian cultures people celebrate the Lunar New Year which begins with the first new moon of the lunar calendar and ends 15 days later with the first full moon. This celebration typically occurs at the end of January or early February. Each culture that celebrates Lunar New Year has its own special traditions. In China, this festival is called Chinese New Year or Spring Festival. In 2023, the first day of the Chinese New Year is January 22, which is the start of the Year of the Rabbit. Check out some of these great books to learn more!



*A New Year's Reunion:  
A Chinese Story*  
by Li Qiong Yu



*The Runaway Wok:  
A Chinese New Year Tale*  
by Ying Chang Compestine



*Bringing in the New Year*  
by Grace Lin